



32% of U.S. employees with caregiving responsibilities have left the workplace during their career due to an inability to find work-family solutions.

JOSEPH B. FULLER, HARVARD BUSINESS SCHOOL, 2019

The Loved Child



TLC PARENTS @ WORK

CELEBRATING & SUPPORTING PARENTING WITH TLC



EXPECTING PARENTS

PARENTS WITH BABIES

PARENTS WITH TODDLERS & YOUNG CHILDREN

PARENTS WITH TWEENS & TEENAGERS

TLC Parents @ Work services help businesses enhance **work satisfaction**, improve employee **retention rates**, and increase **work productivity** for parents in the workplace.

The professionals at The Loved Child, LLC offer **TLC Parent Employee Conversation Groups** in the workplace to bring parent employees together to **build relationships**, to **learn** from one another, and to receive **expert parenting education**.

These weekly, biweekly, and monthly groups are typically scheduled at the lunch hour and include **parent-friendly resources** in preparation for each session. Topics are **customized** for parent employee cohorts including Expecting Parents, Parents of Babies, Parents of Toddlers & Young Children, and Parents of Tweens & Teens.

Private parenting consultations are available on request. To schedule **TLC services** at your location, please contact us at: info@thelovedchild.net

EXPECTING PARENTS

Pregnancy Wellness, Fitness, & Nutrition

Welcoming Baby into the World: Labor, Birthing, and Recovery

The Hospital Experience & Bringing Home Your Baby

Navigating Childcare Options

Preparing for Work Leave

Newborns 101: Sleep Expectations, Feeding Choices, Bathing, Illness, and More

Building a Nest: Baby Equipment & Home Safety

Infant/Child CPR, Safety & First Aid

Difficult Conversations & The New Normal: Relationship Changes, Baby Blues, & Anxiety

And many more...

PARENTS OF BABIES

The Fourth Trimester: Sleep Support, Calming Techniques, & Infant Development

Breastfeeding 101: Breastfeeding Basics, Pumping & Storage, and Returning to Work

Baby (and Parent) Separation Anxiety

Feeding Baby: Starting Solids, Finger Feeding, & Sippy Cups

The Myth of a Work-Life Balance

Life After Baby: Identity & Relationship Adjustments

The Importance of Play

Parenting with Mindfulness

And many more...

www.thelovedchild.net

www.facebook.com/thelovedchild

[instagram.com/tlc_parenting_center](https://www.instagram.com/tlc_parenting_center)

info@thelovedchild.net

THE LOVED CHILD, 173 BELMONT STREET,
BELMONT MA 02478 | TEL: 617 855-5819

Between 70 % - 80% of employees with caregiving responsibilities believe that support groups can be very effective at enabling them to do their best at work.

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PARENTS WITH TODDLERS & YOUNG CHILDREN

Children's Sleep Struggles: Nap time, Bedtime Struggles, and Nighttime Wake-Ups
Tips to Prevent Picky Eaters
Toddlers 101: Tantrums, Hurting Behaviors, and "It's Mine!"
Peaceful Parenting for Busy Parents: Getting out the Door, Dinner Time, & Bedtime
Supporting Sibling Relationships
Preparing Siblings for A New Baby
The Dangers of Distracted Parenting
What is Positive Discipline?
Toilet Training: Ready? Set? Go!
Aggressive Behaviors in Young Children
Handling Unwanted Parenting Advice
Finding the Best Early Childhood Program/Preschool for my Child
And many more...

PARENTS WITH TWEENS & TEENAGERS

How to Handle Screen-Use
Parenting Battles in the Digital Age
Positive Parenting Strategies for the Teen Years
How to Talk with Children About Their Bodies & Sexuality
How to Understand the Teenage Brain
The Best & Worst Study Habits
Teaching Mindfulness to Teens
And many more...



70% of employees believe classes or seminars on caregiving topics can be very effective at enabling them to do their best at work.

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More than 80% of employees with caregiving responsibilities admitted that their caregiving challenges have affected their work performance.

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TO SCHEDULE TLC PROGRAMMING AT YOUR LOCATION PLEASE CONTACT US AT info@thelovedchild.net

PLEASE FIND MANY MORE CLASSES, WORKSHOPS, AND EVENTS, AT: www.thelovedchild.net.